

**PATIENT INFORMATION**

Name:		Date of Birth:	Age:	Sex:
Race:		Ethnicity:		Primary Language:
Address: (City, State, Zip)				
Billing Address:		SSN:		
Employment: Full/Part/None		Employer:		
Primary Phone #:	Work Phone #:	Cell Phone #:		
Email Address: (used to set up your patient portal)				

**EMERGENCY CONTACT INFORMATION**

Emergency Contact Name:	Cell Phone #:
Relationship:	Home Phone #:

**INSURANCE INFORMATION**

Primary Insurance: Copay:	Secondary Insurance: Copay:
Certificate#/Policy ID:	Certificate #/Policy ID:
Group Number:	Group Number:
Subscriber Name:	Subscriber Name:
Subscriber DOB/Relationship:	Subscriber DOB/Relationship:

**REFERRALS**

Referring Physician:	How did you hear about us? (Referring doctor, friend, family, self referral, internet, magazine, newspaper, advertisement, other)
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**PRIMARY CARE**

Primary Care Physician:	Last Office Visit:
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**Authorization To Pay Benefits To Physician:** I authorize the release of medical or other information necessary to process health insurance claims. I also request payment of benefits to my provider when they accept assignment.

**Authorization To Release Medical Information:** I hereby authorize my Provider to release any information necessary for my course of treatment.

**I certify that the above information is correct as of the date signed.**

\_\_\_\_\_  
Signed (parent of patient if minor)

\_\_\_\_\_  
Date



(Please read and sign)

I, the undersigned, hereby consent to the following Treatment:

- Administration and performance of all treatments
- Administration of any needed anesthetics
- Performance of such procedures as may be deemed necessary or advisable in the treatment of this patient
- Use of prescribed medication
- Performance of diagnostic procedures/tests and cultures
- Performance of other medically necessary or advisable based on the judgment of the attending physician or their assigned designees

I fully understand that this is given in advance of any specific diagnosis or treatment.

I intend this consent to be continuing in nature even after a specific diagnosis has been made and treatment recommended. The consent will remain in full force until revoked in writing.

I understand that **Southwest Spine and Pain Center** may include consent at satellite offices under common ownership.

I, the undersigned, acknowledge that **Southwest Spine and Pain Center** will use and disclose my information for the purposes of treatment, payment, and healthcare operations as described in the Notice Privacy Practices.

A photocopy of this consent shall be considered as valid as the original.

I acknowledge that I am able to have access to a complete copy of the Southwest Spine and Pain Center "Notice of Privacy Practices". I understand that if I have questions or complaints that I should contact the Privacy Official. **Patient Initials:** \_\_\_\_\_

**Medicare Patients:** I authorize to release medical information about me to the Social Security Administration or its intermediaries for my Medicare claims. I assign the benefits payable services to **Southwest Spine and Pain Center**.

**I certify that I have read and fully understand the above statements and consent fully and voluntarily to its contents.**

\_\_\_\_\_  
**Patient (or Responsible Party) signature**

\_\_\_\_\_  
**Date**

**Authorization to release or use information for treatment, payment, or healthcare options**

I hereby authorize the release or use of my individually identifiable health information (protected health information or PHI) and medical information by Southwest Spine and Pain in order to carry out treatment, payment, or health care options. You should review the Practice's Notice of Privacy Practices for a more complete description of the potential release and use of such information, and you have the right to review such Notice prior to signing the Consent form.

We reserve the right to change the terms of its Notice of Privacy Practices at any time. If we do make changes to the terms of its Notice of Privacy Practices, you may obtain a copy of the revised notice by writing our practice or requesting a copy from our front desk staff.

You retain the right to request that we further restrict how your protected health information is released or used to carry out treatment, payment, or health care operations. Our practice is not required to agree to such requested restrictions; however, if we do agree to your requested restriction(s), such restrictions are then binding on the Practice.

**I agree and consent to releasing information to me in the following manners:**

**VIA PRIMARY PHONE NUMBER**

- OK TO LEAVE DETAILED MESSAGE
- LEAVE CALL BACK NUMBER ONLY

PLEASE INITIAL

\_\_\_\_\_  
\_\_\_\_\_

**VIA EMAIL**

- OK TO SEND DETAILED MESSAGE
- EMAIL ADDRESS: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**PERMISSION TO RELEASE TO FOLLOWING INDIVIDUALS**

(medical records, billing, payment, appointments, healthcare options)

\_\_\_\_\_  
\_\_\_\_\_

**By signing below, I attest that the information provided above is true and accurate.**

**Signature of Patient (Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**FINANCIAL AGREEMENT**

Thank you for choosing us as your pain clinic. Our team of providers is committed to providing you with quality and affordable health care. We ask all patients to review and sign this policy, asking questions as necessary. A copy will be provided to each patient upon request.

1. **Insurance:** We accept assignment and participate in most insurance plans. If your insurance is not a plan we participate in, payment in full is expected at each visit. Knowing your insurance benefits is your responsibility. Please contact your insurer with any questions you may have regarding your coverage to receive the maximum benefit. \_\_\_\_\_ *(initial)*
2. **Patient payment:** All copayments and deductibles are to be paid at the time of service. This arrangement is part of your contract with your insurance company. \_\_\_\_\_ *(initial)*
3. **Registration:** All patients must complete our patient information form, which will be entered into our medical records system to maintain accurate information for proper billing. We must obtain a copy of your driver's license and current valid insurance card to provide proof of insurance. If you fail to provide us with correct insurance information, or your insurance changes and you fail to notify us in a timely manner, you may be responsible for the balance of the claim. Many insurance companies have a time limit as to when claims can be filed; For example, if a claim is not received within 30 days of the date of service, it can be deemed ineligible for payment and you will be responsible for the balance if you fail to provide us with complete and accurate information. \_\_\_\_\_ *(initial)*
4. **Claims:** We will submit your claims and assist you in any way we reasonably can to help get your claims paid. Your insurance company may not accept information from our office and may need information from you. It is your responsibility to comply with their request. Please be aware that the balance of your claim is your responsibility whether your insurance company pays or not. Your insurance benefit is a contract between you and your insurance company. \_\_\_\_\_ *(initial)*
5. **Uninsured patients:** We offer a cash pay discount to our patients who do not have insurance. Please be advised that the discount is only good when the charges are paid at the time of service. If the charges are not paid at the time of service, the discount will be removed and payment of the full charge will be expected before the next visit. If a balance remains, you will receive a monthly statement that is due upon receipt. Any account balance over 90 days will be subject to review for collection action. \_\_ *(initial)*
6. **Credit and collection:** If your account is more than 90 days past due, you will receive a letter stating that you have 20 days to pay your account in full. Partial payments will not be accepted unless otherwise negotiated. Please be aware that if a balance remains unpaid, it may be sent to a collection agency. In the event any amount is referred to a third party debt collection agency, you agree that in addition to any other amount allowed for by law, (such as interest, court costs, reasonable attorney's fees, etc), you will also be responsible for a collection fee of up to 40% of the principal amount owing as allowed by Utah code Annotated, sec.12-1-11. \_\_\_\_\_ *(initial)*
7. **Missed appointments:** Our policy is to charge \$25 for missed appointments (no shows) not canceled within 24 hours of appointment time. These charges will be your responsibility and billed directly to you. Please help us serve you better by keeping your regularly scheduled appointment. \_\_\_\_\_ *(initial)*

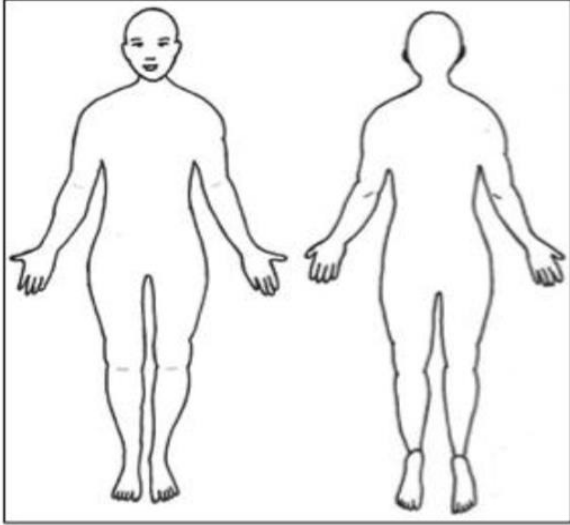
Thank you for reviewing our patient financial policy. Please let us know if you have any questions regarding the policy.

By signing below, you acknowledge the terms of the policy and agree to be bound by them.

X \_\_\_\_\_ Date \_\_\_\_\_

Referring Provider: \_\_\_\_\_  
 OSTEOPOROSIS PATIENT: \_\_\_\_\_  
 Location of Recent Fracture: \_\_\_\_\_

Shade the area of your **WORST JOINT PAIN/Fracture**:



Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Onset of Pain:**

Acute    Sudden    Gradual

**Severity of Pain:**

Mild    Moderate    Severe

**Description of Pain:**

Aching    Burning    Cramping  
 Sharp    Shooting    Stabbing  
 Tingling    Pressure    Numbness  
 Throbbing    Deep    Dull  
 Pins and Needles    Morning stiffness  
 Fatigue    Joint pain

**Pain Pattern:**

Episodic    Acute    Persistent    Intermittent

**Course of Pain:**

Gradual worsening    Gradual Improving  
 Rapidly worsening    Rapidly Improving  
 Recurrent    Without Change

**Duration of Pain:**

Years (How Many? \_\_\_\_\_)  
 Months (How Many? \_\_\_\_\_)  
 Weeks (How Many? \_\_\_\_\_)

**Pain Aggravated/Impaired by:**

Nothing    Bending    Chores  
 Dressing    Driving    Exercise  
 Getting Up From Bed/Chair    Intimacy  
 Lifting    Sitting    Sleeping  
 Walking    Standing    Twisting  
 Work    Recreational-hobbies

**Pain Relieved by:**

Nothing    Bending    Exercise  
 Lifting    Sitting    Sleeping  
 Standing    Walking    NSAIDs  
 Heat    Ice    Physical Therapy  
 Massage    Twisting    Opiates

**Tried & Failed:**

Physical Therapy    Bracing    Heat    Ice  
 Modification of Activity    NSAID's  
 Opiates    Alendronate    Prolia  
 Risedronate    Boniva    Reclast    Evenity  
**Last Date of Injection/Infusion:** \_\_\_\_\_

**Associated Factors:**

Fractures    Morning stiffness    Painful urination  
 Chills    Evening stiffness    Urinary retention  
 Fever    Joint pain    Decreased energy  
 Tingling    Leg weakness    Arm weakness  
 Limited exercise/activity    Sleep problems  
 History of Malignancy    Unintentional Weight Loss

**Assistive Devices:**

None    Cane    Walker    Wheeled Walker  
 Corset    Brace    Wheelchair

**How are you?:**

**Energy:** \_\_\_\_\_ Low \_\_\_\_\_ fair \_\_\_\_\_ good  
**Recent/Last DEXA SCAN?** \_\_\_\_\_  
**Are you currently taking:** Calcium, Vitamin D, Testosterone, Progesterone, Estrodial  
**Have you previously took:** Calcium, Vitamin D, Testosterone, Progesterone, Estrodial  
**-If so, What dose?** \_\_\_\_\_, **For How long?** \_\_\_\_\_ (weeks, months, years)  
**Are you Post Menopausal?** \_\_\_ Yes, \_\_\_ No

**Constitutional:**

- Chills  Weakness  Weight Loss  
 Weight Gain  Appetite Loss  Fever

**Head:**

- Seasonal Allergies  Vertigo  Headaches

**Eyes:**

- Blurry Vision  Double Vision  Vision Loss  
 Pain with Light  Dryness  Redness

**Respiratory:**

- Shortness of Breath  Sleep Apnea  
 Chronic Cough  Difficulty Sleeping

**Cardiovascular:**

- Chest Pain  High Blood Pressure  
 Short of Breath-Laying Flat  Swelling of Legs  
 Leg Pain  Rapid Heart Rate  
 Irregular Heart Beat  Heart Stent(s)  
 Heart Murmur

**Gastrointestinal:**

- Abdominal Pain  Constipation  Diarrhea  
 Black, Tarry Stool  Nausea  Vomiting  
 Bloody Stool

**Musculoskeletal:**

- Joint Pain  Arthritis  Muscle Weakness  
 Muscle Spasm  Muscle Loss  Swollen Joint  
 Stiffness  Restricted Motion

**Psychiatric:**

- Anxiety  Depression  Hallucinations  
 Mood Changes  Panic Attacks  Anger  
 Hearing Voices  Irritability

**Skin:**

- Itching  Rashes  Open Wound  Ulcer  
 Excessive Sweating  Bruising  Hives

**Neurological:**

- Headaches  Numbness  Strokes  
 Trouble Walking  Seizures  
 Leg Weakness  Buttock numbness  
 Loss of Bowel or Bladder control

**Gait abnormality**

**Endocrine:**

- Appetite Changes  Thyroid Problems

**Hematologic/Lymph:**

- Easy Bruisability  Nose Bleeds  Blood Clots  
 Bleeding Easily  Anemia

**ENT/Ears:**

- Hearing Loss

**Throat/Neck:**

- Ulcer  Neck Mass  Swollen Glands

**Allergies:**

- Shellfish  Contrast Dye  Iodine  Latex  
 Codeine  Penicillin  Seasonal Allergies  
 Sulfa  Other: \_\_\_\_\_

**Medications:**

**Current Prescriptions: (include all Rx's)**

Medication	Dose (mg)	Frequency
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____

**Are you taking any blood thinners? Y/N**

**Previously Tried Pain Medications:**

1. \_\_\_\_\_ Reason Discontinued: \_\_\_\_\_  
 2. \_\_\_\_\_ Reason Discontinued: \_\_\_\_\_  
 3. \_\_\_\_\_ Reason Discontinued: \_\_\_\_\_

**Family History:** \*Please specify family member including maternal/paternal **and** alive/deceased

- Diabetes \_\_\_\_\_  Alzheimer's \_\_\_\_\_  
 Migraine \_\_\_\_\_  Heart Disease \_\_\_\_\_  
 Cancer \_\_\_\_\_  Crohn's \_\_\_\_\_  
 Stroke \_\_\_\_\_  Osteoporosis \_\_\_\_\_  
 High Blood Pressure \_\_\_\_\_  
 Rheumatoid Arthritis \_\_\_\_\_  Lupus \_\_\_\_\_

**Past Medical History:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Anxiety         | <input type="checkbox"/> Arthritis           |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Cancer          | <input type="checkbox"/> Atrial Fibrillation |
| <input type="checkbox"/> BPH                      | <input type="checkbox"/> COPD            | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Emphysema       | <input type="checkbox"/> GI Ulcer            |
| <input type="checkbox"/> Hepatitis                | <input type="checkbox"/> HIV/AIDS        | <input type="checkbox"/> Hypertension        |
| <input type="checkbox"/> Kidney Disease           | <input type="checkbox"/> Liver Disease   | <input type="checkbox"/> Heart Attack        |
| <input type="checkbox"/> Osteoporosis             | <input type="checkbox"/> Seizures        | <input type="checkbox"/> Shingles            |
| <input type="checkbox"/> Stroke                   | <input type="checkbox"/> Thyroid Disease |  |
| <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Other: _____    |  |
| <input type="checkbox"/> Coronary artery disease  | _____                                    |  |

**Previous Imaging:**

<input type="checkbox"/> X-ray	Date: _____	Location: _____
<input type="checkbox"/> MRI	Date: _____	Location: _____
<input type="checkbox"/> CT Scan	Date: _____	Location: _____
<input type="checkbox"/> EMG	Date: _____	Location: _____
<input type="checkbox"/> Bone scan	Date: _____	Location: _____
Facility:    IHC        Revere Health		
Other: _____		

**Previous Evaluations:**

<input type="checkbox"/> None	<input type="checkbox"/> Urgent Care	<input type="checkbox"/> Psychologist
<input type="checkbox"/> Neurologist	<input type="checkbox"/> Primary Care	<input type="checkbox"/> Neurosurgeon
<input type="checkbox"/> Emergency Room	<input type="checkbox"/> Pain Management	
<input type="checkbox"/> Rheumatologist	<input type="checkbox"/> Orthopedic Surgeon	

**Previous Procedures:**

<input type="checkbox"/> None	<input type="checkbox"/> Facet Injection
<input type="checkbox"/> Radiofrequency	<input type="checkbox"/> Epidural Injection
<input type="checkbox"/> Kyphoplasty	<input type="checkbox"/> SI Joint Injection
<input type="checkbox"/> Other _____	<input type="checkbox"/> Hip Injection
Relief: Mild   Moderate   Significant	
Duration: ____ Days ____ Weeks ____ Months	

**Previous Physical Therapy or Chiropractic Care:**

<input type="checkbox"/> None	<input type="checkbox"/> Yes- Please indicate below
For what body region? _____	
Dates: _____ # of Sessions: _____	
Percentage of Relief: _____%	

**Previous Joint Surgery:**

<input type="checkbox"/> None	<input type="checkbox"/> Yes- Please indicate below
Type: _____	
Date: _____	
Surgeon: _____	
Relief: Mild   Moderate   Significant	
Duration: ____ Days ____ Weeks ____ Months	
Type: _____	
Date: _____	
Surgeon: _____	
Relief: Mild   Moderate   Significant	
Duration: ____ Days ____ Weeks ____ Months	

**Social History:**

<u>Alcohol Use:</u>
Do You Drink? Y/N If Yes, servings per week:
Beer: _____ Wine: _____ Hard Liquor: _____
<u>Tobacco Use:</u>
<input type="checkbox"/> Never Smoked <input type="checkbox"/> Former Smoker
<input type="checkbox"/> Current Smoker: <input type="checkbox"/> Light <10 <input type="checkbox"/> Heavy >10
<input type="checkbox"/> Tobacco Type: (Cig, Chew, Etc): _____
<u>ORT:</u>
Has anyone in your family had a history of:
<input type="checkbox"/> Alcohol Abuse (1-3) <input type="checkbox"/> Illegal Drugs (2-3)
<input type="checkbox"/> Prescription Drug Abuse (4-4)
Have YOU ever had a history of:
<input type="checkbox"/> Alcohol Abuse (3-3) <input type="checkbox"/> Illegal Drugs (4-4)
<input type="checkbox"/> Prescription Drug Abuse (5-5)
Please mark your age group:
<input type="checkbox"/> 0-16 <input type="checkbox"/> 16-45 (1-1) <input type="checkbox"/> 45+
Have you had a history of preadolescent sexual abuse?
<input type="checkbox"/> Yes (3-0) <input type="checkbox"/> No
Have you ever been diagnosed with:
<input type="checkbox"/> Attention Deficit Disorder (ADD) (2-2)
<input type="checkbox"/> Obsessive Compulsive Disorder (OCD) (2-2)
<input type="checkbox"/> Bipolar Disorder (2-2)
<input type="checkbox"/> Schizophrenia Disorder (2-2)
<input type="checkbox"/> Depression (1-1)

**Surgical History:**

<input type="checkbox"/> None	<input type="checkbox"/> Hysterectomy
<input type="checkbox"/> Adenoidectomy	<input type="checkbox"/> Lumpectomy
<input type="checkbox"/> Appendectomy	<input type="checkbox"/> Large Bowel Resection
<input type="checkbox"/> Knee Arthroscopy	<input type="checkbox"/> Mastectomy
<input type="checkbox"/> Back Surgery	<input type="checkbox"/> Prostate Surgery
<input type="checkbox"/> Cervical	<input type="checkbox"/> Plastic Surgery
<input type="checkbox"/> Thoracic	<input type="checkbox"/> Shoulder Surgery
<input type="checkbox"/> Lumbar	<input type="checkbox"/> L <input type="checkbox"/> R
<input type="checkbox"/> Brain Surgery	<input type="checkbox"/> Small Bowel Res.
<input type="checkbox"/> Carpal Tunnel	<input type="checkbox"/> Thyroidectomy
<input type="checkbox"/> L <input type="checkbox"/> R	<input type="checkbox"/> Tonsillectomy
<input type="checkbox"/> Cataract Surgery	<input type="checkbox"/> Hip Replacement
<input type="checkbox"/> Heart Bypass Surgery	<input type="checkbox"/> L <input type="checkbox"/> R
<input type="checkbox"/> Coronary Artery Dilation	<input type="checkbox"/> Knee Replacement
<input type="checkbox"/> Detached Retina Repair	<input type="checkbox"/> L <input type="checkbox"/> R
<input type="checkbox"/> Gallbladder Removal	<input type="checkbox"/> Tubal Ligation
<input type="checkbox"/> Hemorrhoidectomy	<input type="checkbox"/> Vasectomy
<input type="checkbox"/> Hernia Repair	<input type="checkbox"/> Pace Maker
<input type="checkbox"/> Other: _____	

Health Fusion #: \_\_\_\_\_ Date of completion: \_\_\_\_\_

## Health and Wellness Questionnaire

At Southwest Spine and Pain Center, we believe in providing the best care possible. Answering the following questions will help us understand your needs in multiple areas of your life and how we can best help you to be well. Participation is voluntary. You are free to stop at any time or to leave questions blank if you would prefer not to answer them. However, the more information we have, the better able we are to provide quality care.

1. In general, would you say your health is:

- Excellent     Very Good     Good     Fair     Poor

2. In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)

- Excellent     Very Good     Good     Fair     Poor

3. In general, how would you rate your physical health?

- Excellent     Very Good     Good     Fair     Poor

4. To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?

- Completely     Mostly     Moderately     A little     Not at all

5. How would you rate your fatigue on average?

- None     Mild     Moderate     Severe     Very severe

6. How would you rate your pain on average?

(No Pain)    0    1    2    3    4    5    6    7    8    9    10    (Worst Imaginable Pain)

7. In general, would you say your quality of life is:

- Excellent     Very Good     Good     Fair     Poor

8. In general, how would you rate your mental health, including your mood and your ability to think?

- Excellent     Very Good     Good     Fair     Poor

9. How often have you been bothered by emotional problems such as feeling anxious, depressed, or irritable?

- Never     Rarely     Sometimes     Often     Always

10. In general, how would you rate your satisfaction with your social activities and relationships?

- Excellent     Very Good     Good     Fair     Poor



11. In the past 7 days, my sleep quality was:

- Very Good     Good     Fair     Poor     Very Poor

12. In general, would you say your nutrition is:

- Very Good     Good     Fair     Poor     Very Poor

13. In general, would you say your fitness is:

- Very Good     Good     Fair     Poor     Very Poor

**Over the last 2 weeks, how often have you been bothered by any of the following problems?**

14. Feeling nervous, anxious or on edge.

- Not at all     Several Days     More than Half Days     Nearly Every Day

15. Not being able to stop or control worrying.

- Not at all     Several Days     More than Half Days     Nearly Every Day

16. Little interest or pleasure in doing things.

- Not at all     Several Days     More than Half Days     Nearly Every Day

17. Feeling down, depressed, or hopeless.

- Not at all     Several Days     More than Half Days     Nearly Every Day

18. Are past or present experiences with any of the following impacting you in your life in a negative way?

- Yes     No    Abuse  
 Yes     No    Violence (e.g., domestic, work, military)  
 Yes     No    Military service or combat  
 Yes     No    Unexpected death of a family member or friend (i.e. suicide, accidents, etc)

19. Please answer these questions based on the **last 12 months**. These questions refer to use of alcohol, illegal drugs, prescription drugs not prescribed to you, or misuse of your prescriptions. **Do not** check “yes” in reference to taking your prescription medications as prescribed by your doctor.

- Yes     No    Have you felt you ought to cut down on your drinking or drug use?  
 Yes     No    Have people annoyed you by criticizing your drinking or drug use?  
 Yes     No    Have you felt bad or guilty about your drinking or drug use??  
 Yes     No    Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover?